

Russell commission grant £10,000 - secured

Name of project: *young people supporting their peers and inspiring others*

Start date: 1 4.2009 _____ Finish date: 31. 3.2010 _____

Where will it take place? (Local Authority area): Gwynedd and Powys

Description:

The project will

- consolidate and expand a collaborating group of young people
- work on two levels : develop a Mediation Education Support Team service and run a sustainable development outreach project. The levels will be offered to all potential volunteers so they can choose one or both for their involvement
- deliver peer training and outside training
- run a programme of activities at the Woodcraft Folk Celtic Camp and the National Eisteddfod in July and August 2009
- develop a winter programme of follow-up training and activities that brings new young people into the project and the organisation

The grant will be used to fund

- a week's training in peer support skills in April 2009
- workshops at Gwerin groups before Celtic Camp especially on drugs, alcohol and sustainability issues
- the preparation of interactive exhibits on Sustainable Development (SD) for the Eisteddfod
- the co-ordination and collaboration with performing arts youth groups who want to communicate SD messages
- 2 paid co-ordinators for the project and the necessary support costs

The main beneficiaries:

- the young people who volunteer within the project. Expected number: 60
- the young people who come into the MEST up tent on a one to one basis, Expected number:50
- the young people who take part in workshops in their group evenings both before, during and after Celtic Camp. Expected number: 200
- adults who receive training on the best way to support young people. Expected number: 30
- the general public at the National Eisteddfod with SD attractions that will particularly interest young people and children. Expected number: 2000

How will they benefit from the project's activities:

- beneficiaries will receive a greater awareness and more confidence in dealing with drugs, alcohol, emotional and sexual issues. They will have the opportunity to get involved in implementing a programme that reduces and manages drugs and alcohol use
- beneficiaries will be encouraged to change their own lifestyles and carbon footprints and to campaign that civil society and government implement policies that lower the impact on the planet and encourage an equal quality of life for people living in other parts of the world

<i>target</i>	<i>how measured</i>	<i>results</i>
25 young people aged 16-25 receiving 20 hours each of training in peer support skills	number of young people and training hours are recorded and signed for.	<ol style="list-style-type: none"> 1. 60 young people aged 16-25 will have volunteered within this project 2. each volunteer will have received a level of training 3. each volunteer will have put this training into practice with their peers either <ul style="list-style-type: none"> • within their local group • within friends' circles at a community level • at Celtic Camp • or with the general public at the National Eisteddfod 4. Gwerin y Coed as a movement has a drugs and alcohol policy that operates effectively
15 young people aged 16-25 receiving 6 hours each of group facilitation skills		
15 young people aged 16-25 receiving training in what is sustainable development and how to communicate this creatively : 80 hours in all		
10 adults receiving training on how best to support young people : 20 hours in all		
a drop-in MEST up tent is staffed and service is provided at Celtic Camp for 50 hours		
6 Gwerin y Coed local groups receive 2 workshops each on drugs and alcohol and communicating sustainability issues prior to Celtic Camp		

<i>target</i>	<i>how measured</i>	<i>results</i>
workshop activities for 250 young people and children will be provided by trained young volunteers		
an interactive exhibition on living sustainably is created and used at the national eisteddfod by 400 people	photo-graphs and spot interviews	increased awareness of what is living sustainably leading to personal and group action
performances that creatively portray living sustainably will be seen by 1000 people	photo-graphs	increased awareness of what is living sustainably leading to personal and group action
an information booth will be staffed for 8 days at the National Eisteddfod provided publicity on how to volunteer with Gwerin y Coed and how to live more sustainably	photo-graphs	new volunteers recruited for Sept 2009+ for Gwerin y Coed. and increased awareness of what is living sustainably leading to personal and group action

'Opportunities' project expenditure		
<i>List expenditure, eg volunteer expenses, publicity, equipment, etc. Add extra lines if necessary.</i>		£
1.1	2 volunteer co-ordinators' contract payments for 6 months work	£2500
2.1	support and supervision for volunteer co-ordinators: 3 hours weekly for 26 wwks @£15 an hour	£1170
3.1	finance & office manager's time 1 hour weekly for 26 wwks @£12 an hour	£312
4.1	office overheads, use of telephone including personal mobiles, computer, stationary to support :26 weeks at £20 per week	£520
5.1	volunteer and staff travel and meal costs	£1000
6.1	volunteer telephone and child care costs	£300
7.1	MEST-up training week in April 2009 to include venue, food and training materials and trainers' costs	£2500
8.1	trainers' costs: training on what is SD & to how to communicate it creatively	£1000
9.	trainers' costs: group facilitation training	£500
10.	costs for volunteers working at Celtic Camp and National Eisteddfod 50 volunteers claiming an average of £20 per person	£1000
11.	materials for interactive exhibition : plywood, paint, information leaflets	£1000
12.	travel and entry fee costs for SD performers	£500
13.	hire of information booth	£500
Total project cost		£ 12702

'Opportunities' project income	£10,000
Total available from other sources and details	
Co-op group	£1000
Gwerin core funding	£1702
Amount requested from WCVA	
Total project income	£ 12,702

